

Raymond Terrace Athletics Centre

Newsletter 5 9 November, 2024

www.raymondterraceathletics.com.au

Cancellation No: 4983 1407 and RTAC facebook page

TODAY IS WEEK 6 PROGRAM

IT'S COLES COMMUNITY ROUND TODAY

We appreciate those athletes and parents who have been able to come dressed today in red or a Coles theme to show our gratitude for the immense support Coles provides all Little A Centres nationally.

BANANA EVENTS TO BE HELD OVER

Unfortunately, Coles was unable to provide bananas due to a supply shortage but we will hold the banana events in the next couple of weeks.

NO CENTRE MEET NEXT WEEK DUE TO ZONE CHAMPIONSHIPS

We are unable to hold next Saturday's meet due to the number of athletes, parent helpers and Committee who will be at Zone.

ZONE COMPETITORS MUST BE IN CORRECT UNIFORM WITH ALL PATCHES

See Barbara today if you need an age patch, Coles patch or Rego number. Check the noticeboard for the correct placement of the patches. **We have Velcro dots if you need to attach your patches.**

CHECK THE NOTICEBOARD FOR THE CORRECT PLACEMENT OF PATCHES

ZONE ORDER OF EVENTS ON THE NOTICEBOARD

The events are listed with a “**not before**” time which means that the first call for events will not be made before that time. For our new athletes, each event is announced twice. On the first call, athletes start to make their way to either a marshalling tent or as directed. By the 2nd call, athletes should be at the directed location. If athletes are not where they should be on the final call, they may face disqualification from the event.

FIRST EVENT CALL IS 8:45 BOTH DAYS AND FIRST EVENTS START AT 9AM

PARKING CAN BE DIFFICULT AT WALLSEND

It is street parking and you may face a bit of a walk to the oval. Allow plenty of time to arrive and to give your athlete time to warmup.

WE WILL HAVE OUR SHADE AT THE FIELD

Our wonderful Committee men will have put up our large shade at the field on Friday afternoon together with the other 10 Centre shades. Look for our green Grumpy Monkey. You can bring blankets or chairs to sit in the shade. (We'll also have one of our shades at the finish line, but it's for officials and track competitors!)

WE HAVE A TEAM MANAGER

One of our mums, Caroline Langlois, has generously volunteered to be the Team Manager for the weekend. She will be able to assist with any issues and will have spare age patches and Coles patches. If there is a need for a protest, Caroline will lodge it. She will also do her best to keep track of event calls to ensure our athletes don't miss their events. **But she is not responsible for athletes getting to their events.**

LISTEN FOR YOUR ATHLETES' EVENT CALLS

It is important to either sit with our athletes and families under the shade or very close by so you can hear the event calls. Please do not bring footballs to play with as space is limited.

HART SPORT ZONE RESULTS CAN BE VIEWED ON “LIVE RESULTS” AT THE SITE BELOW

<https://www.nswathletics.org.au/events-page/zone-championships>

We are Region 2.

IF ZONE HAS TO BE POSTPONED, IT WILL BE HELD THE FOLLOWING WEEK AND OUR CENTRE CHAMPIONSHIPS WILL BE MOVED TO 30 NOVEMBER.

PARENT DUTIES AT ZONE CHAMPIONSHIPS NEXT WEEKEND

The refundable Zone deposit can be redeemed from 23 November if you have done your duty. If your athlete has qualified for Region, the deposit can be held until Region Championships if you like. **If you do not do your duty, your deposit will be paid to the parent who may have had to double up.**

The 7's group, who compete no further than Zone, are presented with medals for 1st, 2nd and 3rd placings in their finals at Zone. For everyone else, the first three finalists in each event automatically qualify to compete at the Regional Championships plus the 4 next best performances from across the 4 Zone carnivals in our Region Championships at Maitland.

REGION POLO SHIRTS ONLY AVAILABLE ONLINE AT A COST OF \$45.

<https://sportsmagic.com.au/products/region-2-little-athletics-2024-polo>

ROUND 1 CENTRE CHAMPIONSHIPS NOVEMBER 23

What are Centre Championships? There are 2 Rounds, each of which consists of 5 events. These 2 rounds are different from our usual Saturdays in that points are awarded for achievement using a Pentathlon type point score. The better the result, the greater the points awarded. Total points earned over the 2 Rounds will determine the Sub-Junior, Junior, Sub-Senior, Senior, 16-20, Open and Masters Champions for which trophies will be awarded at Presentation Day. There are no early events on these 2 days.

CANTEEN

Today is chicken and gravy rolls for \$5, Chicken schnitzel burgers for \$6 and hot dogs for \$2.50. **Please order them before you go onto the field.**

COMBINED CARNIVAL LAST SUNDAY AT WALLSEND

Our athletes at the Combined Carnival at Wallsend last Sunday did an amazing job. For some it was their very first LA carnival. Competition was tough with some groups having 14 competitors. Congratulations to: **9's – Aiden Langlois – 2nd - 3751 points, Mason Ridgeway – 11th – 1759 points, Winter Robson – 1st - 3687 points, Matilda Shawyer – 2nd - 3197 points, Amelia Pilgrim – 4th - 13337 points, 11's - Zachary Langlois – 6th – 2644 points, 12's - Callum Langlois – 1st – 3593 points**

UPCOMING EVENTS:

Sat 16 Nov	NO CENTRE MEET (Zone Championships)
Sat 16 & Sun 17 Nov	Port Hunter Zone Championships Federal Park, Boscowan St, Wallsend
Sat 23 Nov	Round 1 Centre Championships (if Zone doesn't have to cancel previous week)
Sat 30 Nov	Centre Meet or back-up date for Centre Championships if needed
Sat 7 Dec	Centre Meet
Sat 14 Dec	Last Centre Meet for 2024

Raymond Terrace Bowling Club

Proud to be supporting Raymond Terrace Athletics Centre